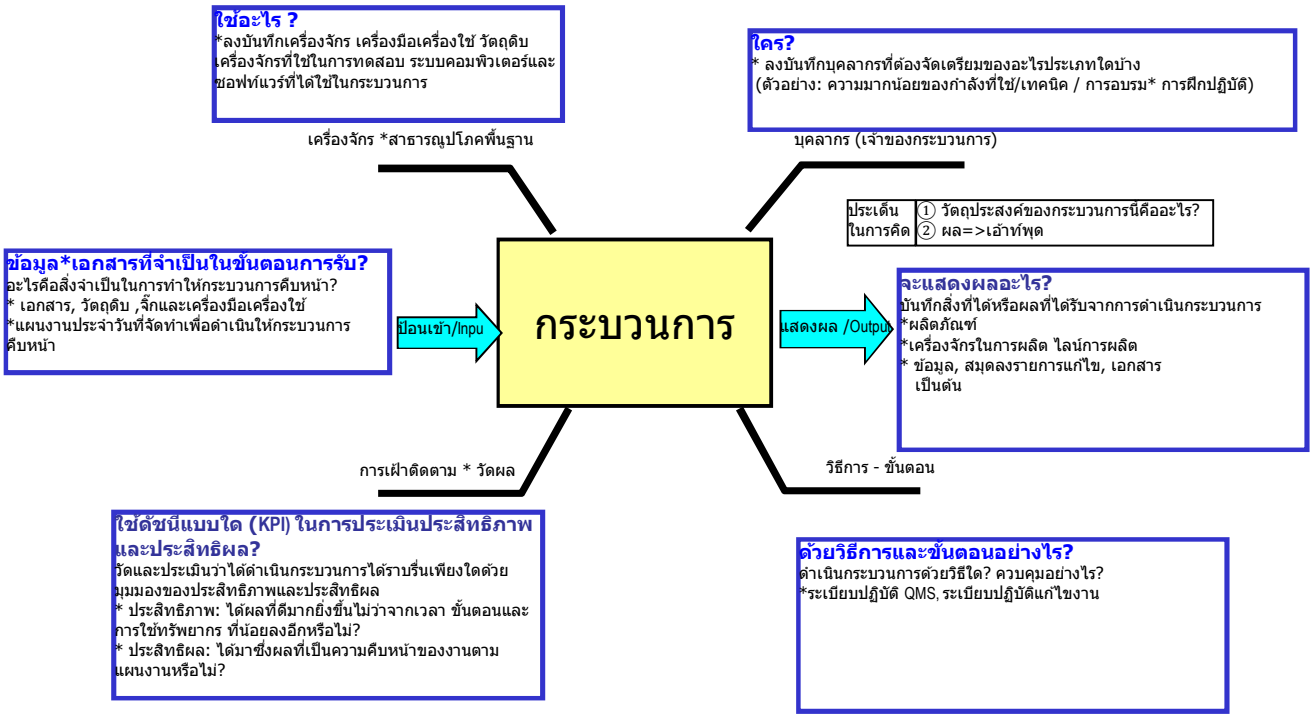รูปแบบแผนผังเต่า